



Managers message ... Life definitely is on a rapid roll to Christmas now that we have come through yet another lock down, our national election, Bathurst and another Bledisloe campaign (which at time of writing this is not quite in the bag, best I don't jinx it...)! We are in the throes of several new staff joining our team here at the Lodge which is exciting in terms of new ideas and a huge breadth and depth of experience. In the coming weeks our new Clinical Manager, Natalie Cribb, will be on board and, I am sure once she has had a chance to catch her breath, she will be keen to meet with residents and families.

Within the Village we have celebrated some significant birthdays with two of our residents turning 101 and 102 respectively and a number enjoying birthdays in their 90's. We have reveled in all manner of celebrations and consumed a great deal of fabulous cake 😊.

If you have visited recently, you will have noted that our gardens are starting to come to life with spring colour thanks to the efforts of



Experiencing Lodge operations first-hand

Graham our gardener, along with Anne and David our very helpful and green thumbbed residents. We will have another team member on board shortly to ensure that Graham has assistance through the busy Spring and Summer season.

As we move toward the Christmas Season, we continue to work to keep COVID at bay and avoid any further lock downs so that we can start to enjoy the warmer weather.

Stay well and take care, *Maureen*

Activities and action ... September in the Waikanae Lodge Community was limited for activities due to the return of Covid restrictions, but we did our best to entertain the troops! We had Paraffin hand soaks, movie watching and the ever popular fish n' chip night where we all gathered for a fabulous feast.

Graham and I put on a concert where all residents from both rest home and apartments congregated to enjoy the music and some classic numbers.



World famous at Waikanae

Our oldest apartment resident Fred has been very busy writing limericks for all our village residents and staff alike. Presenting them at our weekly happy hour has proved to be a huge hit amongst the apartment residents.



*Our Manager's named Maureen Vogt,
Never think that she's losing the plot,
It would take at least seven,
Bright angels from heaven,
To satisfy all of our lot!*

Fred Brooker 2020

Now that daylight saving has arrived the sunshine brings a glorious warmth to the evening we will be heading into the outdoor BBQ season soon. Watch this space! *Tanya*



Greetings from the garden! Spring is finally with us and hopefully the promise of some more settled and warmer days rather than the changeable weather this time of year brings. However, change is what we're experiencing in our facility at the moment and this includes our gardens. You may well have noticed some of these changes, we have completely re-planted the reception area, introducing hanging baskets and pansies in the three raised planters. The

main bed has a selection of Federation daisies, Armeria, Wallflower, and Hebe amongst others. For the spring months, Ranunculus produce stunning blooms which will be replaced by summer annuals towards the end of the year. Along the left of the main driveway we have removed the over-sized flaxes and have replaced with two varieties of native Manuka bushes. Once established they will produce a display of pink and red which will attract beneficial bees to our garden. Sunflowers seeds

will be sown at the rear of the Manuka's to produce a spectacular display come summer. We have removed the tired old shrubs from the rest-home courtyard and replaced with Daphne, perennial Petunia and Lomandra grasses. To the



right-hand side watch out for a variety of Dahlia's which have been kindly donated by our lovely Tanya. It should quite an impressive show. Upcoming projects include regenerating the west wing side gardens with the removal of large, out-sized plants and a re-planting programme which we hope will include the input of residents with rooms along this section. The hospital courtyard will receive a tidy-up and once our summer annuals have arrived, will add a splash of colour for you all to enjoy. That's all from the garden for this month but I look forward to reporting further green-finger goodness through the seasons. *Graham*



We recently said farewell to Sharon Lisner (office manager) & Arrah Bagtang (Clinical Manager)

We all wish them well as they leave to concentrate on wellbeing and family

Septembers a wrap ... and I would like to take the opportunity to remember the love ones we have lost this month. *Betty Jaimeson* ... our beautiful and quiet 101-year-old that just missed her birthday by under a week. Betty was a lovely lady with so many stories and a great sense of humour. Gone but never forgotten. *Ngarie McMurchie* ... all I have to say is "firecracker!" This lady kept all on their toes. Great lady with a big heart for her family and love ones. (especially me lol) always in our thoughts. *Patricia Paton* ... always smiling! It did not matter what kind of a day she was having or what was happening in the great wide world, Patricia always smiled. She will be missed by us all. Big shout out to our September birthday babies ... Jean De Menech, Gretchen Edwards, Betty Lomas, Dorothy Goudie, Ruby Allanson ... and the one and only



Annette Csuray. This lady is the most beautiful woman I have known. I thought a small poem was in order to highlight the friendship we all have with Annette.

Darcey

A Special Friend

A friend is someone special
 Who can stand inside your shoes.
 Feel your joy and sadness
 Not judge you or accuse.
 Someone you can sit with
 Not uttering a word.
 But knowing in your silence
 There is something to be heard.
 To have a friend such as this
 Is something very rare.
 Cherish this special someone
 With tender, loving care.

Kitchen Korner ... the last couple of months have been somewhat of a rocky but enjoyable road in the kitchen here at Waikanae Lodge. Our Lodge Family have enjoyed the slight change in the winter menu with some different options becoming new favourites especially the Lamb Shanks. However, some things never change, the immense popularity of our Sunday roast means this favourite tradition will remain. Our melt-in-your-mouth lamb shanks are slowly braised over several hours to ensure the meat is tender and flavorsome, served with creamy mashed potato and finished off with a silky smooth, glossy reduction gravy. Put this all together to complete a simple but amazing dish. The process of writing the refreshed summer menu is well underway and will be ready to be launched at the beginning of November.

Adam



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Health and Safety:

We have weathered another period of COVID-19 alert levels requiring restrictions on visitors to the Lodge and outings for our residents. While we are currently enjoying the freedom that Level 1 allows PLEASE continue to wash and sanitise your hands and for everyone's wellbeing please stay away if you are unwell.

Your thoughtfulness is appreciated 🙏

From all the Waikanae Lodge Family